

# PRESCRIBING RECOMMENDATIONS: PEDIATRICS

## OTOLARYNGOLOGY SURGERY

OPEN's Opioid Prescribing Recommendations are designed to spark meaningful conversations between patients and providers, so every pain management plan is tailored to the individual. These recommendations are rooted in research, patient-reported outcomes, and expert consensus. They are intended for patients who haven't used opioids before surgery.

Learn more at [michigan-open.org/prescribing-recommendations/](https://michigan-open.org/prescribing-recommendations/).

CATEGORY	PROCEDURE	DOSES^ OF OPIOID
Otolaryngology	Adenoidectomy	0
	Mastoidectomy and Tympanoplasty	0
	Tonsillectomy (11 years old and younger)	0-15
	Tonsillectomy (12 years old and greater)	0-15

^ In patients weighing less than 50 kg, we define a dose of opioids as oxycodone ranging from 0.05 mg/kg to 0.1 mg/kg. For patients >50 kg, a dose is 5 mg of oxycodone. When patients weighing less than 50 kg fall into a BMI category >95th percentile for age, either a lower mg/kg starting dose or ideal body weight/lean body mass should be used to determine total dose. A lower mg/kg starting point should also be considered in those with comorbidities predisposing to respiratory depression.



### PEDIATRIC PRESCRIBING RECOMMENDATIONS

- Evidence based
- Procedure-specific



### SURGERY PAIN MANAGEMENT

- Tips for preparing
- Pain control options
- Talking with the surgeon



### RESOURCES FOR MANAGING PAIN

- Preparation worksheet
- Medication and non-medication options