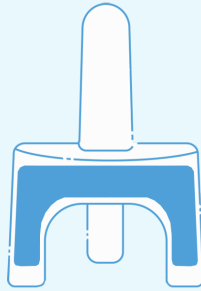


WHAT IS NALOXONE?

- Naloxone (Narcan[®], Evzio[®]) is a drug that temporarily reverses the dangerous effects of an opioid overdose
- It works if you have opioids in your body such as fentanyl, heroin & prescription opioids
- Naloxone can be given every 2-3 minutes until the person breathes again
- A person cannot get high or become addicted to naloxone



**EFFECTIVE ONLY for
30 - 120 minutes.**

Opioid overdose death is preventable.
Take immediate A.C.T.I.O.N.
Learn how to use naloxone and save a life.

RESOURCES

Michigan Opioid Addiction Resources

- ▶ michigan.gov/opioids

Web-based Naloxone Training

- ▶ overdoseACTION.org

The SAMHSA National Helpline

Free, confidential, 24/7, 365 day-a-year treatment referral and information service for anyone facing mental or substance use disorders

- ▶ 1-800-662-HELP (4357)

Michigan-OPEN.org | medicqi.org

LEARN THE FACTS: NALOXONE



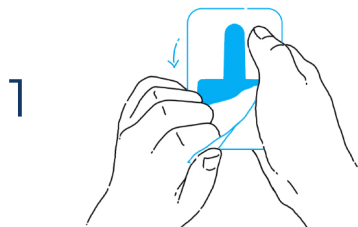
OPEN
Evidence. Resources. Engagement.



Michigan OPEN is partially funded by the Michigan Department of Health and Human Services, Substance Abuse and Mental Health Services Administration and The National Institute on Drug Abuse

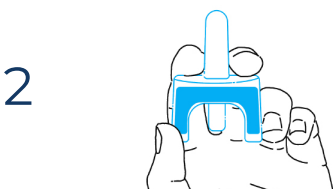
03.2021

INSTRUCTIONS FOR NARCAN® INTRANASAL SPRAY



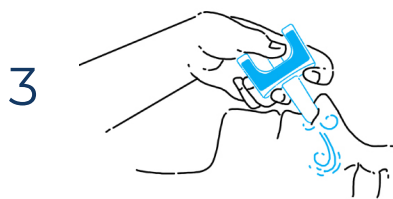
1

Peel from
packaging



2

Place the
nozzle in
the nose



3

Push on
the plunger
to spray

*No test spray
needed*

- Do NOT delay calling 911
- Do not inject the person with anything
- Do not put the person in a bath or shower
- Do not give the person anything to drink
- Do not pour water over the person's face

Michigan law protects you from liability when giving naloxone and calling 911 for someone who is overdosing.

REDUCING HARM

- Do not mix opioids with other drugs **especially benzodiazepines or anything that can make you sleepy**
- Be aware of tolerance changes in your body.
- Tell your family/friends where you store naloxone and how to use it.
- Go slow; never use alone; carry naloxone

REMEMBER TO TAKE A.C.T.I.O.N.



AROUSE (3 S's):

- Shout the person's name
- Shake shoulders vigorously
- Sternal Rub: Rub breastbone with knuckles



CHECK FOR SIGNS OF OVERDOSE:

- Slowed or no breathing
- Blue/gray lips or fingernails
- Deep snoring/ Gurgling noises
- Unresponsive to pain
- Pinpoint pupils



TELEPHONE 911:

- Tell dispatch, "I think it's an overdose."



INTRANASAL NALOXONE

- Give naloxone



OXYGEN:

- Do rescue breaths:
 - Head back
 - Pinch nose
 - Lift chin
 - 1 breath every 5 seconds
- OR CPR if you know how
- OR follow dispatch instructions



NALOXONE AGAIN:

- Repeat naloxone every 2-3 minutes until the person starts to wake up
- If you must leave the person, or vomiting occurs, place them in recovery position (see picture below)

Stay with the person until help arrives, if safe to do so.

