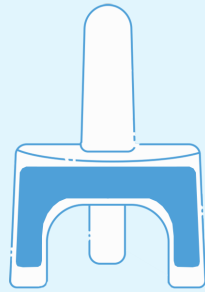


WHAT IS NALOXONE?

- Naloxone (Narcan[®]) is a drug that temporarily reverses the dangerous effects of an opioid overdose
- It works if you have opioids in your body such as fentanyl, heroin & prescription opioids
- Naloxone can be given every 2-3 minutes until the person breathes again
- A person cannot get high or become addicted to naloxone



**EFFECTIVE ONLY for
30 - 120 minutes.**

Opioid overdose death is preventable.
Take immediate A.C.T.I.O.N.
Learn how to use naloxone and save a life.

RESOURCES

Michigan Opioid Addiction Resources
michigan.gov/opioids

Web-based Naloxone Training
overdoseACTION.org

The SAMHSA National Helpline
Free, confidential, 24/7, 365 day-a-year treatment referral and information service for anyone facing mental or substance use disorders
1-800-662-HELP (4357)

[Michigan-OPEN.org](https://michigan-open.org) | medicqi.org

LEARN THE FACTS: NALOXONE



OPEN
Evidence. Resources. Engagement.



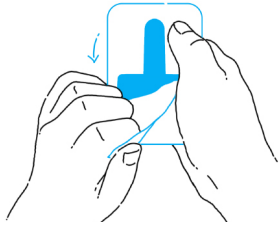
OPEN is partially funded by the Michigan Department of Health and Human Services.

<https://doi.org/10.56137/OPEN.000040>

08.2022

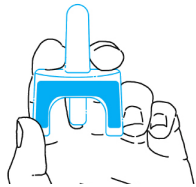
INSTRUCTIONS FOR NARCAN® INTRANASAL SPRAY

1



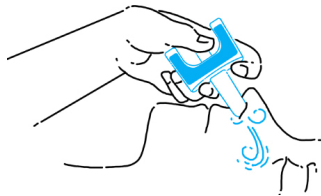
Peel from
packaging

2



Place the
nozzle in
the nose

3



Push on
the plunger
to spray

*No test spray
needed*

- Do NOT delay calling 911
- Do not inject the person with anything
- Do not put the person in a bath or shower
- Do not give the person anything to drink
- Do not pour water over the person's face

Michigan law protects you from liability when giving naloxone and calling 911 for someone who is overdosing.

REDUCING HARM

- Do not mix opioids with other drugs **especially benzodiazepines or anything that can make you sleepy**
- Be aware of tolerance changes in your body.
- Tell your family/friends where you store naloxone and how to use it.
- Go slow; never use alone; carry naloxone

REMEMBER TO TAKE A.C.T.I.O.N.



AROUSE (3 S's):

- Shout the person's name
- Shake shoulders vigorously
- Sternal Rub: Rub breastbone with knuckles



CHECK FOR SIGNS OF OVERDOSE:

- Slowed or no breathing
- Blue/gray lips or fingernails
- Deep snoring/ Gurgling noises
- Unresponsive to pain
- Pinpoint pupils



TELEPHONE 911:

- Tell dispatch, "I think it's an overdose."



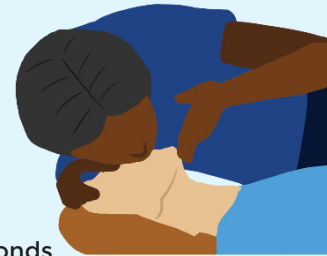
INTRANASAL NALOXONE

- Give naloxone



OXYGEN:

- Do rescue breaths:
 - Head back
 - Pinch nose
 - Lift chin
 - 1 breath every 5 seconds
- OR CPR if you know how
- OR follow dispatch instructions



NALOXONE AGAIN:

- Repeat naloxone every 2-3 minutes until the person starts to wake up
- If you must leave the person, or vomiting occurs, place them in recovery position (see picture below)

Stay with the person until help arrives, if safe to do so.

