

# Adenoidectomy

0 doses opioid + acetaminophen + ibuprofen + non-medication strategies

## Recommendations from Recent Literature

- Recent studies have shown that opioid medication is not necessary for pain following pediatric adenoidectomy
- Eliminating routine opioid prescribing does not change postoperative pain scores
- Prescribing fewer doses of opioids results in fewer doses of opioids being consumed

## Supporting Evidence

- Expert consensus by surgeons who perform these procedures at Michigan Medicine
- [Analgesic Efficacy of Rectal Acetaminophen and Ibuprofen Alone or in Combination for Paediatric Day-Case Adenoidectomy](#) (Br J Anaesth. 2003)
- [Opioid-Sparing Anesthetic Technique for Pediatric Patients Undergoing Adenoidectomy: A Pilot Study](#) (J Pain Res. 2020)