



Appendectomy

0 doses opioid + acetaminophen + ibuprofen + non-medication strategies

Recommendations from Recent Literature

- Prescribing opioids results in an increased risk of follow-up care for complications related to opioid use
- Prescribing fewer opioids results in fewer follow-up visits in the emergency department
- Prescribing fewer opioids does not lower patient satisfaction with pain

Supporting Evidence

- Expert consensus by surgeons who perform these procedures at Michigan Medicine
- [Children's Opioid Use at Home After Laparoscopic Appendectomy](#) (Pain Manag Nurs. 2021).
- [Impact of an Opioid Stewardship Program on Opioid Exposure for Pediatric Appendectomy Postsurgical Pain](#) (J Ped Surg., 2021)
- [Incidence and Patterns of Persistent Opioid Use in Children Following Appendectomy](#) (J Ped Surg. 2022)
- [Multi-Institutional Quality Improvement Project to Minimize Opioid Prescribing in Children After Appendectomy Using NSQIP-Pediatric](#) (J Am Coll Surg. 2022)