



# Inguinal Hernia Repair

0 doses opioid + acetaminophen + ibuprofen + non-medication strategies

## Recommendations from Recent Literature

- Recent studies have shown that opioid medication is not necessary for pain following pediatric inguinal hernia repair
- Eliminating routine opioid prescribing does not change postoperative pain scores
- Prescribing fewer doses of opioids results in fewer doses of opioids being consumed

## Supporting Evidence

- Expert consensus by surgeons who perform these procedures at Michigan Medicine
- [Opioid Reduction and Elimination in Pediatric Surgical Patients](#) (J Ped Surg. 2022)
- [An Opioid Sparing Anesthesia Protocol for Pediatric Open Inguinal Hernia Repair: A Quality Improvement Project](#) (Pediatr Qual Saf. 2022)
- [Perioperative Opioid Use in Paediatric Inguinal Hernia Patients: A Systematic Review and Retrospective Audit of Practice](#) (J Ped Surg. 2022)