



Umbilical Hernia Repair

0 doses opioid + acetaminophen + ibuprofen + non-medication strategies

Recommendations from Recent Literature

- Opioid medication is not necessary for pain following pediatric umbilical hernia repair
- Prescribing fewer opioids does not result in additional postoperative visits
- Prescribing fewer opioids does not affect postoperative pain scores

Supporting Evidence

- Expert consensus by surgeons who perform these procedures at Michigan Medicine
- [Provider Education Leads to Sustained Reduction in Pediatric Opioid Prescribing After Surgery](#) (J Ped Surg. 2021)