

# SAMPLE BUPRENORPHINE TREATMENT AGREEMENT

We (your care team and you) together have decided that buprenorphine/naloxone (Suboxone) is a good treatment to help with your opioid use. A few notes about getting this treatment at \_\_\_\_\_:

1. Buprenorphine is a partial opioid medication approved by the FDA to treat opioid use disorder (OUD). It is safer than other opioids but is a controlled substance and can cause opioid withdrawal if stopped abruptly.
2. It is important that you are the only person taking your buprenorphine. Please ensure you have somewhere safe to store your medication, as it could cause harm or death to someone not normally exposed to opioids. If someone asks you for your medication, please connect them with \_\_\_\_\_ instead of giving them yours.
3. We will do all we can to help you stay on buprenorphine as long as it is helpful for you. We will work with your pharmacy and insurance company if needed. We ask that you attend appointments for your prescription and that you dose your medication as discussed with your provider.
4. We understand that occasionally you may have to miss an appointment. Please call us as soon as possible, and we will help make a plan to ensure you don't run out of medication.
5. Please tell us if you are still having strong cravings, withdrawal symptoms, or continue using opioids while on buprenorphine. That may mean the dose is not right for you, and we can make an adjustment.
6. Buprenorphine is a very safe medication; however it can cause harm or death if combined with high doses of other "downers" like alcohol, benzos (Klonopin, Xanax, etc), gabapentin, pregabalin (Lyrica).
7. We do not require counseling/behavioral health to obtain buprenorphine. We may encourage this, and we have excellent counselors here. However, it is not required.
8. We understand that many people have had negative experiences with drug testing. As part of your care, we will sometimes request urine drug tests. We use the results to help understand if buprenorphine is working for you and see if there are changes we can make to better support you. We do not use these results as a reason to discharge you from our care.
9. Please tell us if you become or plan to become pregnant. Buprenorphine is safe to continue in pregnancy, however we may need to adjust your dose or coordinate with your obstetric provider.
10. Please always let us know if there are ways we can make you feel more comfortable or improve our care for you and other patients!

Reviewed by (patient and provider signatures)

Signature \_\_\_\_\_

Date \_\_\_\_\_

Signature \_\_\_\_\_