



LYRICS

# PAINLESS

THE OPIOID MUS DCAL







# **HOW DOES THIS APPLY TO ME?**



SONG LYRICS -

Impassionately

Another meeting that they call us to What's it today? Another lab about addiction Cool. Wasn't that last friday?

Every week a different case of "shoulda done it better" "don't be like me" Every week a new assignment And now they come and complain to us

How does this apply to me? Good kid good grades Except one c. How does this matter? Do they want to make us sad? Or feel sorry? I mean I do!! But it's just that we have places to be!

Oo wah

Another chance for them to waste our time "hey drugs are bad" We know. I'm working hard and I'm doing fine And yet they preach to me like they're my mom and dad

Oh! Every week a different case of "don't go down that path" "are you choosing the right friends?" Every week a new assignment On how the means don't justify the ends

How does this apply to me? Good group, good life! Guys, seriously!!

What are they proving? They won't stop what we're doing A drink or smoke on weekends And that's it! Guaranteed!

So stop with the teachings, Agendas, the preaching And get us to where we need to be! Oo wah Oo wah Oo wah

How does this matter? Oo wah How does this matter? Oo wah How does this matter? Oo wah This doesn't matter!

How does this apply to me? This doesn't matter! How does this apply to me? This doesn't matter! This does not apply to me!

### **PAINLESS**



### SONG LYRICS -

Coach said to play the game right To swing and to always push through My dad said to keep the ball down your sight And that "son, schools will be on their knees for you."

Mom said I was a beauty to see A marvelously unique kid I lived for eighteen whole years Doing nothing I ever was told was forbid

But I'm trying something new Something to numb and make sure I make do

I could be painless I could be painless Though the world seems aimless I found a way To make the pain go away A life lead painlessly Yes, that's the life for me

My son was gonna aim for the stars To show everybody who his parents are But one day, he finds a cure for the ache A pill he can pop to guarantee he'll go far

And we don't know what to do They're hooked and they're numb and they don't have a clue

I could be painless He was destined for greatness! I could be painless Can nobody save us? It makes me feel weightless!

There is a way Is there a way? To make the pain go away To make it go away? To finally feel free Can we set them free? That feels better to me You don't need to be

A life lived painlessly Painless! Painlessly! Painlessly! These are the lives you'll see.

## LITTLE WHITE PILL



### SONG LYRICS -

I have never loved something so much I have never loved something so much So I missed the game, who cares, so what? Rushin' through my brain, stuck in a rut I have never loved something, oh...

Started out as a highschool freshie

Cocky; thinkin' I was better than the rest, see? Cause I could play ball like no other I was tearin' up the field and I was swingin' like a slugger and I Smoked a little weed from the age of 13 Because everybody did it and I wanted to be seen I hung with the guys that my mom didn't like Hung with the girl that I loved each night'

'assumed I was set, had a beautiful life Turned down full rides, for a beautiful wife But the love didn't last, had a breakup fight And the pain so deep, cut like a knife And a friend said "Man, what she did ain't right But if you take this pill, you'll be high as a kite" And I wanted to be numb, I wasn't fit for my frown And I wish I never did it but I washed it down And ooh...

I have never loved something so much I have never loved something so much So I missed the game, who cares, so what? Rushin' through my brain, stuck in a rut Drownin' in my skin, where can I hide? Mirror on the wall shows yellow eyes Man it's getting cold, not just outside Man I'm feeling old for twenty five

Took a turn and it caused some friction Stealing from my mom, couldn't fund my addiction Blacked out, took the cash out, heard a shout "you can have a twenty but I'm kicking you out" A little white pill went from one to zero And I wish that was it, what a sober hero But I went and bought a needle, said I never would

It's the price of the vice, what a logical route

I had no control, I was feelin' sour I had lost my home and I had lost my power So the only way was down, couldn't ask for help Cause I truly believed it was good for my health Take it away? Then it would all come back All the wasted opportunity I'd have to unpack So I tied up my arm, then I took a deep breath And I thought it was relief - I was playing with death But ooh...

I have never loved something so much I have never loved something so much So I missed the game, who cares, so what? Rushin' through my brain, stuck in a rut Drownin' in my skin, where can I hide? Mirror on the wall shows yellow eyes Man it's getting cold, not just outside Man I'm feeling old for twenty five

I could be painless I have never loved something so much Painless I have never loved something so much Painless I have never loved something so much And I will never love something so much SONG #4 --

### **HEY MR. DOC**



### SONG LYRICS -

Hey mr. Doc I'll tell you what's going on I got a crick in my back that's got me feeling all wrong There's a tingle in my spine I got from standing in line At the beauty show I'm in, ya know I'm feeling just fine

But you say you got something to take this pain away? I wouldn't say no if you wanna make my whole day Without your generosity, I couldn't strive to be the queen

Of michigan, yeah this again should happen next week

Hey mr. Doctor, Yeah hey mr. Doc, yeah Throughout all this misfortune, you knew I don't need a surgeon So thank you mr. Doctor, yeah For being my rock.

Hey! Mr. Doc, I don't know how to say this I got an irritated ankle and a twitch in my wrist Last night in town I fell right down while wearing my new sequin gown And now I'm scared I can't compete and Well you get the gist

But if you'd be a dear, there is a fix I hear An antidote that fixed my winning season last year Don't worry doc, I know the drill, I'll only take a single

And suddenly the way I'll win this pageant is clear

Hey mr. Doctor, Yeah hey mr. Doc, yeah Thanks for your assistance, this'll really go the distance So thank you mr. Doctor, Now first place is a lock.

# THE BOY IN THE BOX



### SONG LYRICS -

Picture frames Framing old remains Of lives I'd forgot I lived Nintendo games And missing names With faces that cause a rift

Stuck in cardboard boxes Drenched in mold and dust My body's sick and shaking but my Mind's in wanderlust

Torn movie stubs Signs for school clubs And my picture with whitey ford A boy in bathtubs His friend jacob's Old tony hawk skateboard

Where'd the boy in All these photos go? I lurch in pain I guess I'll never know

But he looks at me and says you'll be okay He smiles at me so modestly it's almost a cliche With no doubts about who he is, what he'll be No complications or bad history Just smiling in his dad's old corduroy So why do I not recognize this boy?

His first school dance And that knowing glance Saying he would come out on top When he took a chance Two weeks in advance With time off from the truck stop

A perfect night by candlelight with her When she taught him how to truly be mature

Now he looks at me and memories of it fade He smiles at me so modestly and I just feel afraid He has no idea what he'll become, who he'll be

Clueless of problems and bad history Just smiling in his dad's old corduroy And I find that I start to hate this boy And so I reach And then I rip those old polaroids And watch as they drift from my hands to the floor I start to sweat And then I feel that I need my fix

Looking, I'm looking and throwing the pictures Trying to get to the bottom at last Dozens of scrapbooks and books filled with scripture Stand in between me and all of her cash

I see a box A smaller box And I lengthen my arm And imagine the high As I pry the thing open And see what's inside

is my box. In it was the funeral service my mom had prepared for me. Waiting.

And he looks at me and asks if I'm okay He smiles at me so modestly as I read words in gray We thank you for gathering To honor my son I still imagine What he could have done That driven kid in his dad's corduroy

I can't believe how much she missed her boy!

And I look at him and tears fill up my eyes My heart beats fast and then I realize My mom finally gave up for the long hall She sat there and waited expecting the call And I curse the day that all of this began How that dream filled boy became this man

But I start to recognize that corduroy And pray someday I'll be more like that boy.

# **HEY MR. DOC** (REPRISE)



SONG LYRICS -

Hey mr. Doc!

Look I don't know what to do

I'm in excruciating pain and my last hope is you

No, I've never felt this way before, my boyfriend threw my to the floor

And ripped my dress and broke my crown, and all out of the blue!

Without something to help me out and numb the pain, well then I doubt

I'll ever have a season I can tell my dying mom about Doc I know you studied hard, to heal the hurt in your backyard

I beg and plead you'll help me get out of this drought

So hey mr. Doctor Yeah hey mr. Doc, yeah

With your stethoscope and coat, I know that you're my

And if after all of this you said nope, I'd be shocked.

I have never loved something so much I have never loved something so much I have never loved something so much And I will never love something so much so

Hey mr. Doc, I'll do whatever you want I've got a craving, I need saving, you're my one confidant

I was up all night feeling alright until the sweats came and the fight

It busted loose, I've no excuse, I need some stuff or it's no use

I know I'll never see my mom or dad again My pageant days are over and I've lost every friend But with a pill or some powder, I could pay you by the

Look if I don't get my fix then this might really be the end

So hey mr. Doctor Yeah hey mr. Doc, yeah I'll do anything, I'll dance and sing, I'll be your puppet on a string Just give me what I'm looking for and then we can talk

Hey mr. Doctor Hey mr. Doc, yeah Hey mr. Doctor Thank you for always having what I need in stock Yeah, thanks, mr. Doc

### LIE TO ME



### SONG LYRICS -

The patient's in They look my way I ask how they've been And of course they'll say

"here's what went wrong, Here are my problems There's stuff with my mom" And I watch as it blossoms to

Hey doc! Ya know I need some help I've heard there are things you can do And I'm forced into a game of hide and seek With the highest stakes if I lose

I think they Lie to me Thinking I won't Try and see The way they don't entertain solutions But pills and vicodin Through all of their delusions They don't stop when They've clearly shown their cards I'm ahead of them by yards And send them home

And now I'm alone And I think

Where've they been? What have they been doing? And what if I'm wrong? Yes, the spiral starts ensuing

'cause I ask myself this every time I say no It's hard not to resist When it's all touch and go

Hey doc! You'd be better get some help Because at times I don't know what to do I hate this stupid game of hide and seek Because it's hard making decisions off of every little clue

I swear they Lie to me Thinking I won't try to see The way they ask for oxycontin by name Or how their pain is a ten They act the same as they complain again They've clearly shown their cards I'm ahead of them by yards

And I send them home Now I'm alone

And in sets the reality The chain of events thats right in front of me They tell me the awful way that they feel And there's just no way for me to know if it's real

And it's horrifying for me to claim this But if it's real then I could make them painless I could make them painless

But then what if they're lying? What if I'm writing A future young addict who's constantly fighting For bigger thrills, taking plenty more pills And it's these fears that keep me up at night with chills

The doubt sets in And I repeat this over and over again

I think they Lie to me No matter what I see My judgements flawed, I grin and nod My conscience breaks under this facade I don't have any cards I falling by yards

And then I'm left alone And then I head back home And maybe not consciously But to clear my conscience I guarantee I did nothing wrong. Yes I lie to me.

### A PILL FROM JESSE



### SONG LYRICS -

Jesse says his mom just got knee surgery Doo doo doo doo doo Jesse says she got some pills That's what he tells me That's what he tells me!

Jesse wants to buy a new guitar Jesse sneaks some pills out from her jar And sells them for a fee So apparently I could get a pill from jesse!

Doo doo doo doo I could get a pill from jesse!

Molly says she knows a guy out in D.C. Doo doo doo doo Molly says he comes in town pretty frequently He comes town frequently!

Molly says this guy can sell it all Molly has the number you could call But if life is getting testy And you don't want to get messy Get a pill from jesse!

Doo doo doo doo I could get a pill from jesse! Robert plays football, all star varsity Robert has to get some help, though Secretly.

He needs help secretly! Robert sometimes lies to his uncle john Robert takes his morphine when he's gone And does it casually But when his uncle isn't free He could get a pill from jesse!

Doo doo doo doo I could get a pill from jesse! Doo doo doo doo And getting it is easy Doo doo doo doo

That's how this applies to me! The problem: It's too easy It's us.

### **SLIPPING AWAY**



### SONG LYRICS -

Oh, I'm going down I'm falling apart I'm starting to drown I want to restart

The feeling's familiar I've been here before I've struggled in silence But not anymore

Cause I found a cure For the blues You know that percocet, Vyvanse, or xanax will do

They're not hard to find Just takes a lie "Doc, there's an ache in my back In the base of my spine"

And soon I'm Slipping away All at once I'm forgetting My horrible day And all that's upsetting Now I'm freed from the fear And I'm freed from the sorrow Like god's in my ear Saying, "Face life tomorrow" But for today, I'm slipping away I'm slipping away I'm slipping away

I made every game I owned the front row I'd shout out his name And see his face glow He would be a pro If it weren't for his knee Pills for the pain, one a day turned to three And that was the start of complacency How do I reach you to say

I see you Slipping away

Can you hear me? I'm calling I'm here for the catch But you're fixed on the falling

Your mother is here I keep giving and giving But what more can I give If you give up on living?

Slipping away I can feel myself falling Slipping away I'm too weak to keep calling Slipping away

My fever's not breaking And mom, I am shaking Please make it okay

I'm slipping away. How did you slip away? I'm slipping away. How did you slip away? I'm slipping away. Please don't slip away!

I could be painless I could be painless I could be painless Nothing is painless

# LITTLE WHITE PILL (REPRISE)



SONG LYRICS -

Hope Hope A light crashed in Got clean, still clean, finally feeling my skin Call it x-I-I like the roman numeral 12 steps that I take to dodge my own funeral

One, I'm a slave to the drug I admit it Two, but the world came alive when I quit it Three, four, take an inventory And five, six, seven give way to glory

Eight, to the people that hate who I became Make amends Nine, ten, say goodbye to shame Turning up a new leaf with 11 and 12 I'm a meditated man, I'm controlling myself

Still, I grapple with the pain And I grieve what is gone But I own my mistakes And I keep moving on

It's a rough and tumble road that I've already drivin' But I got a clear view and I'm grate-ful to be livin', singin'

I have never loved something so much I have never loved something so much Once I missed the game, who cares, so what? Now I take the blame, keep that door shut Finally in my skin, no need to hide Mirror on the wall shows innocent eyes Babe it's getting cold, let's go inside Man I'm feelin' young for 35

SONG #11 --

# **PAINLESS** (FINALE)



SONG LYRICS -

I could be painless

Since 1999, almost 1 million americans have died from drug overdoses, and sadly opioid overdoses have increased during the covid pandemic.

I could be painless

Most people who inject heroin start by misusing prescription pain medicines, which are opioids.

Between 1994 and 2007, the rate of prescriptions for painkillers nearly doubled, leading into what we now refer to as "the opioid epidemic."

Some people with chronic pain benefit from their prescription opioids. Their pain is real and their stories are different from those you've heard here.

Opioid use disorder is a disease, not a moral failing.

Healthy recovery is possible.

If we could live life painfully maybe we could tame this disease

We can't avoid pain. But we can try to avoid suffering.

We pass on these stories. And together we can:

Tame this disease