

WHAT IS NALOXONE?

- Naloxone (Narcan®) is a drug that temporarily reverses the dangerous effects of an opioid overdose
- It works if a person has opioids in their body such as fentanyl, heroin, or prescription opioids
- Naloxone can be given every 2-3 minutes until the person breathes again
- A person cannot get high or become addicted to naloxone

EFFECTIVE ONLY for 30 - 120 minutes



Opioid overdose death is preventable. Take immediate A.C.T.I.O.N. Learn how to use naloxone and save a life.

RESOURCES

Michigan Opioid Addiction

- michigan.gov/opioids

Online Naloxone Training

- overdoseACTION.org

Naloxone Information - Scan QR Code

- michigan-open.org/naloxone/

SAMHSA National Helpline

Free, confidential, 24/7, 365 day-a-year treatment referral and information service for anyone facing mental or substance use disorders. 1-800-662-HELP (4357)



OPIOID SAFETY

LEARN THE FACTS: NALOXONE



Michigan-OPEN.org | medicqi.org

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OPEN

Prevention. Treatment. Recovery.



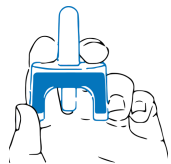
INSTRUCTIONS FOR NALOXONE INTRANASAL SPRAY

1



Peel from
packaging

2



Place the nozzle
in the nose

3



Push on the
plunger to spray

No test spray
needed

Do NOT delay calling 911

- Do not inject the person with anything
- Do not put the person in a bath or shower
- Do not give the person anything to drink
- Do not pour water over the person's face

Michigan law protects you from liability when giving naloxone and calling 911 for a person who is experiencing an overdose

REDUCE HARM

- Do not mix opioids with other drugs especially benzodiazepines or anything that can make you sleepy
- Be aware of body tolerance changes
- Tell family/friends where you store naloxone and how to use it
- Go slow, never use drugs alone, carry naloxone

REMEMBER TO TAKE

A.C.T.I.O.N.

AROUSE (3 S's):



- Shout the person's name
- Shake shoulders vigorously
- Sternal rub: rub breastbone with knuckles

CHECK FOR SIGNS OF OVERDOSE:



- Slowed or no breathing
- Blue/gray lips or fingernails
- Deep snoring/gurgling noises
- Unresponsive to pain
- Pinpoint pupils



TELEPHONE 911:

- Tell dispatch, "I think it's an overdose"



INTRANASAL NALOXONE:

- Give naloxone

OXYGEN:



- Do rescue breaths:
 - Head back
 - Pinch nose
 - Lift chin
 - 1 breath every 5 seconds
- OR CPR if you know how
- OR follow dispatch instructions



NALOXONE AGAIN:



- Repeat naloxone every 2-3 minutes until the person starts to wake up
- If you must leave the person, or vomiting occurs, place them in recovery position (below)

Stay with the person
until help arrives, if safe
to do so

