

STARTING BUPRENORPHINE: 4-DAY LOW DOSE INITIATION

This is a newer way to start buprenorphine without fully stopping your other opioid immediately and should avoid strong withdrawal symptoms.

- This works by very slowly increasing the buprenorphine in your body.
- It is important to follow the instructions exactly and to continue using the same amount of your regular opioid (fentanyl, heroin, oxycodone, etc.) during the initiation. Please use as safely as possible during this time.
- Don't drink, eat, or smoke/vape/chew tobacco 15 minutes before or after your buprenorphine dose. Try to take your buprenorphine before taking your regular opioid.
- Let your buprenorphine dissolve completely in your mouth, do not chew or swallow.
- If you miss a dose, take the next one as soon as possible.
 - If you miss more than 3 doses, restart the process.
- If you experience withdrawal, call the Warmline. If you cannot call, repeat that day's dose the next day and then continue as instructed below.



1-855-BUPE-4-MI



























When and How Should I Start?

- Start whenever you are ready! You do not need to stop your opioid first.
- Call the Warmline with questions!



HARM REDUCTION

- Naloxone
- Overdose prevention education
- Safer use supplies
- Proper wound care

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
Buprenorphine	2mg films	2mg films	2mg films	2mg films	8mg films
Starting your day	 1/8 film	 1/4 film	 1/2 film	 1/2 film	 1 full film
3 hours later	 1/8 film	 1/4 film	 1/2 film	 1 full film	
3 hours later	 1/8 film	 1/4 film	 1/2 film	 1 full film	 1 full film
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